

Dear Watershed Community,

I had a wonderful time last Thursday with the group of parents who joined the “watch party” and discussion sponsored by the WPA. We watched a webinar by Wendy Mogel, a noted psychologist and author (*Voice Lessons for Parents & Caregivers*; *The Blessing of a Skinned Knee*; *The Blessing of a B Minus*) where she shared her thoughts on raising resilient kids. This was specifically for an independent school audience – and much of it resonated with all of us!

You can watch the webinar here:

[Voice Lessons for Parents & Caregivers](#)

(You'll have to sign in, and when asked about which association we belong to, choose ACIS (Association of Colorado Independent Schools).)

There were many moments that were memorable (and referenced in our conversation after the webinar). I'll mention one that stood out for me. It started at about the 20 minute mark of the video. She contrasted what is called “interviewing children for pain” with the value (often, not always) of a lighter touch.

And a reminder – there will be five more of these webinars this year ([see descriptions here](#)). We plan to have watch parties and discussions for each.

Warmly,
Tim

ps. It was great to see so many folks at Student-Led Conferences today. I look forward to seeing more of you tomorrow!